

## PATROL GRUBMASTER

Reports to: Patrol Leader

### Guidelines for Scouts and their Parents

**Congratulations** – You have been assigned the important job of grubmaster for the next scout

Outing. Remember that the requirement is more than just cooking the food. Selecting the menu, planning a budget, shopping for food, readying the patrol box, and assigning scouts to assist with cooking and cleanup are also key parts of the requirement.

**To the grubmaster:** One of the important skills to learn is the kinds of foods that are cooked on outings may be different than the foods you are used to eating at home. Some of your fellow scouts may have certain restrictions on the kinds of foods they eat due to medical conditions, religious customs, or cultural restrictions – Remember a scout is FLEXIBLE and ADVENTUROUS – try some new things – you might just like them! Clean-up is an integral part of cooking – expect that your patrol will be washing dishes at EVERY meal. If you have questions check your scout handbook for help. Your patrol leader, senior patrol leader and your assistant scoutmaster are also excellent resources.

**To the parents of the grubmaster:** Skills we are trying to impart for cooking include the flexibility to try different foods and means of food preparation, planning a healthy balanced meal from all the food groups, keeping to a budget, shopping in a responsible manner, camping with a low waste footprint (leave no trace) and the ability to cook and clean in rustic environments.

### Scout, and Parents,

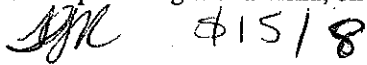
**MENUS:** The menus reflect balanced meals drawing from protein, carbohydrate and fats to provide for a nutritious meal in the outdoor environment that reflects the budget limitations for most trips (\$15.00 per person). The entire patrol should be involved in the selection of the menu. The grubmaster CANNOT alter the menu once the patrol and an asst. scoutmaster has approved the menu. Every menu must be approved by an Asst. Scoutmaster the Monday before the outing.

**BUDGET:** \$15.00 per person on most campouts, the asst scoutmaster approving your menu will note the budget and the number of people you are feeding on the top of your approved menu.

**NOTE:** You will only be reimbursed for food expenses by the troop to a **MAXIMUM** of the budgeted amount. **ANY** overage is the responsibility of the patrol to collect from the members attending the outing.

The number of people you are cooking for is subject to change until 7pm on the Wednesday prior to the event. The number you are cooking for will only change by an Asst. Scoutmaster calling your home. If you do not hear from a Scoutmaster than your number did not change.

### Grubmaster EXPERIENCE:

- 1.) The Scout should come home from the Troop meeting with a menu; on top should be a scoutmaster signature, budget note, and number note, usually expressed as 
- 2.) He will need to prepare, a shopping list for all meals ( This is outlined in First Class requirements 4 a-e, Please read these requirements together to make sure you complete each one on the campout)
- 3.) He will need to provide a dry goods box to store the dry goods, one box per patrol.
- 4.) He will also need to provide a cooler for the refrigerated items. One cooler per patrol.
- 5.) The Grubmaster should get a final number of Scouts he is cooking for by Wednesday evening (see budget note above)
- 6.) Review the menu and help your Scout complete the menu and prepare a Shopping list. Make sure all items needed are on the list. The Troop Supplies Nothing, so any spices will have to be included, (Ziploc bags of home spices are wonderful) Scouts tend to forget Butter, so try to remember.
- 7.) Remember to buy one roll of paper towels to help clean up during the weekend.
- 8.) Take your Parents shopping and let them WATCH you do the shopping. Your job is to do the shopping. Parents may advise him, not shop for him. He has a budget of \$15 per scout for the weekend to spend on food. Help him stay within his budget. He may need to choose a store brand over a name brand. Please use your judgment and help your Scout shop wisely, they are hungry teenage boys please make sure you are buying enough food. If you are way under budget, you did not buy enough.
- 9.) Remember to purchase ice for the cooler and place all items that will spoil in the cooler on Friday right before leaving for the church.
- 10.) On Friday afternoon, please arrive early and bring the food and cooler to the troop trailer.
- 11.) Have your Scout submit his receipts to Mrs. Sicker for Reimbursement, the Monday following the trip.
- 12.) If he turns in his shopping list form with the prices noted, to a Star scout or higher rank, he will complete a First Class requirement for advancement. This is detailed in the Scout Handbook and should be reviewed with your Scout before starting the process.

Thank you for helping your Scout. This process is a good lesson on shopping, planning and staying within a budget. A life lesson that everyone must learn at some time